**White Bridge College - Long Term Plan 2019-2020**

**Department/ Subjects:** **PSHE** **Instructor: Surrya Glover ☺**

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|  | **Subject: Personal & Social Education – Level 1 - Year 11** | **Subject: Personal & Social Education – Level 1 - Year 10** |  |
| **Autumn half term 1**  **September – October 2020** | Content: **Sex & Relationship Education – Unit 3**   * Have an awareness of consent & the Law * Understand and identify sexual transmitted infections * Identify a range of methods of contraception and how they work * Understand how the body works and stages of puberty * Able to identify healthy and unhealthy relationships * Online protection safety and an understanding of consent | Content: **Sex & Relationship Education –**  **Unit 3**   * Have an awareness of consent & the Law * Understand and identify sexual transmitted infections * Identify a range of methods of contraception and how they work * Understand how the body works and stages of puberty * Able to identify healthy and unhealthy relationships * Online protection safety and an understanding of consent |  |
| **Autumn half term 2**  **October – December 2020** | Content: **Relationships, Behaviour and Practices in the Workplace – Unit 9**   * Know about the structure of an organisation * Know the major rights and responsibilities of an employee * Advantages and disadvantages or trade union * Equal Opportunities * Health and Safety requirements relating to work in a specified area * Understand the purpose of a workplace risk assessment | Content: **Personal Action Planning – Unit 1**   * Know how to assess own performance in terms of strengths and weaknesses * Know how to review own classifications * Understand the skills and qualities which are important to employers * Know how to carry out careers action planning * Understand the importance of knowing about own skills and qualities |  |
| **Spring half term 1**  **January – February 2020** | Content: **Making Informed Career Choices – Unit 7**   * Be able to use sources to assist in career planning * Research career requirements * Be able to produce a personal career action plan * Recognise the vast opportunities that exist for lifelong learning, in the wider world | Content: **Emotional Wellbeing – Unit 5**   * Understand possible causes of stress and the effects * Know how tress can be managed * Understand the meaning of prejudice * Know about the consequences and implications of prejudice * Understand the nature of bullying and how to deal with it * Know about the nature of a selected mental illness and how it may be treated and its affects |  |
| **Spring half term 2**  **February – April 2020** | Content: **Appling for Jobs and Courses – Unit 8**   * Know how to apply in writing for jobs or courses * Recognise good practice in making written applications * Prepare for interview and understand appropriateness at interview * Understand the criteria which may be used in the selection process for any given job | Content: **Drugs Education – Unit 2**   * Awareness relating to recommended alcohol intake limits * Understand problems associated with alcohol and tobacco abuse * Know the dangers of misuse of legal drugs * Know the classification system for illegal drugs, and how they are classified * Know the health risks associated with the use of illegal drugs * Recognise how the law is applied in respect of the possession and supply of illegal drugs |  |
| **Summer half term 1**  **April- May 2020** | **Content: Healthy Lifestyles – Unit 6**   * Understand what is meant by a healthy diet * Know the importance of exercise * Be able in investigate local opportunities for promoting physical health * Understand how to access specialist support * Know how to apply technique in relation to first aid * Able to make appropriate choices to promote a healthy relationship | Content: **Healthy Lifestyles – Unit 6**   * Understand what is meant by healthy diet * Know the importance of exercise * Be able to investigate local opportunities for promoting physical health * Understand how to access specialist sport * Know how to apply technique in relation to first aid * Able to make appropriate choices to promote a healthy relationships |  |
| **Summer half term 2**  **June – July 2020** | Content: **Personal Finances – Unit 4**   * Understand different services from a bank * Know how to interpret information shown on a bank statement and payslip * Know how to budge * Understand the importance of pension planning * Understand the meaning of financial implications of buy on credit * Know about a selection of state benefits or allowances for the individual | Content: **Personal Safety – Unit 10**   * Know how to identify dangers in a variety of situations and how to avoid them * Recognise the extent and limitations of personal responsibilities for safety * Understand the dangers of personal safety when using todays communication technology * Know about an organisation that provides advice on personal safety, other than in the area of modern communication technology |  |
| **Princes Trust – Work Experience Placement – Level 2** | Content: **Work Experience Placement**  The young person on work experience placement, throughout their time at an organisation will develop their skills and have an understanding of:   * Benefits of attending a placement * Skills you hope to gain * Plan own journey to ensure arrival on time * Identify who to report to * Health and Safety * Outline tasks and responsibilities * Able to follow instructions * Communicate appropriately and effectively * Examples of what you enjoy about the placement * Identify ways in which the experience could have been improved * Identify skills that you have developed | | |