



Pathway Curriculum Intent

SUMMIT: has been providing an alternative education program for the Tameside Pupil Referral services for the last 8 Years.
 Working with children from White Bridge College and Elmbridge School.
 Outdoor education has been proven to Develop self-awareness, confidence and self-esteem.
 Provides positive physical and mental health benefits.
 Develops teamwork and communication skills.
 Help understand hazards and risk and how to assess them.
 Develop resilience and adaptability in adverse circumstances.
 Develop a lifelong love for the outdoors and appreciation and respect for nature.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 1	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>	<p>MIAS / Mountain Bike Instructor – 1st Gear personal Cycling Skills</p> <p><u>Units:</u> 01- Knowledge and understanding of health and safety 02- Understanding and implementation of risk assessment processes</p>



<p>03- <i>Understanding and demonstration of riding techniques</i></p> <p>04- <i>Plan, run and evaluate a session</i></p> <p>05- <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>Practical activity to promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a basic</i></p>	<p>03- <i>Understand and demonstration of riding techniques</i></p> <p>04- <i>Plan, run and evaluate a session</i></p> <p>05- <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>Practical activity to promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a</i></p>	<p>03- <i>Understand and demonstration of riding techniques</i></p> <p>04- <i>Plan, run and evaluate a session</i></p> <p>05- <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>Practical activity to promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a</i></p>	<p>03 <i>Understand and demonstration of riding techniques</i></p> <p>04 <i>Plan, run and evaluate a session</i></p> <p>05 <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a</i></p>	<p>03- <i>Understand and demonstration of riding techniques</i></p> <p>04- <i>Plan, run and evaluate a session</i></p> <p>05- <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>Practical activity to promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a</i></p>	<p>03- <i>Understand and demonstration of riding techniques</i></p> <p>04- <i>Plan, run and evaluate a session</i></p> <p>05- <i>Knowledge and understanding of cycle maintenance</i></p> <p>MIAS / Mountain Bike Instructor – 2nd Gear personal Cycling Skills</p> <p><u>Units:</u></p> <p>01- <i>Show ability to put on own safety gear</i></p> <p>02- <i>Practical activity to promote proper brake, balance and control</i></p> <p>03- <i>Practical activity to encourage proper riding position</i></p> <p>04- <i>Show without instruction a basic skill – such</i></p>
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<p>skill – such as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and</p> <p>06- adjust replace brake pads/blocks.</p> <p>07- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p> <p>03- Competent use of the gear</p>	<p>basic skill – such as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and adjust replace brake pads/blocks</p> <p>06- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p> <p>03- Competent use of the gear</p>	<p>basic skill – such as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and adjust replace brake pads/blocks</p> <p>06- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p> <p>03- Competent use of the gear</p>	<p>basic skill – such as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and adjust replace brake pads/blocks.</p> <p>06- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p>	<p>basic skill – such as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and adjust replace brake pads/blocks.</p> <p>06- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p> <p>03- Competent use of the gear</p>	<p>as downhill riding position, brake control or cornering ability</p> <p>05- Further practical experience of proper gear selection and adjust replace brake pads/blocks.</p> <p>06- Working within the group to complete set course / challenge</p> <p>MIAS / Mountain Bike Instructor – 3rd Gear personal Cycling Skills</p> <p><u>Unite:</u></p> <p>01- Competence in the use of safety gear</p> <p>02- Able to show proper checking of the bike mechanics unaided</p> <p>03- Competent use of the gear system, brake</p>
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	<p>system, brake system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development To help pupils to:</p>	<p>system, brake system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development To help pupils to:</p>	<p>system, brake system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development To help pupils to:</p>	<p>03- Competent use of the gear system, brake system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development</p>	<p>system, brake system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development To help pupils to:</p>	<p>system and the adoption of appropriate body position to aid progress</p> <p>04- Knowledge of 'risk assessment'- assessing terrain with instructor before moving on to more challenging terrain</p> <p>05- At appropriate times, show the ability to lead the group on designated sections of the route</p> <p>06- Work within the group to achieve set challenger</p> <p>07- To introduce a challenge that is appropriate for the to attempt</p> <p>Student development To help pupils to:</p>
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			<ul style="list-style-type: none"> • Sex education, Sex & the law, internet, grooming • Healthy relationships, domestic abuse, • Housing, budgeting, benefit & support • Child care, child welfare 	<p>safety rules and hazards.</p> <p>1.2 Put on harness correctly</p> <p>1.3 Tie and rethreaded figure of eight knot and stopper</p> <p>1.4 Climb a chosen route with confidence</p> <p>1.5 Descend from a route correctly</p> <p>1.6 Belay safely under supervision</p> <p>1.7 Demonstrate consistent safe behaviour</p> <p>1.8 Complete 10 climbs of any grade (rainbow)</p> <p>1.9 complete</p>		
Assessment	Evidenced by Summit portfolio and outdoor education Modules. All Assessment are assessed by qualified outdoor professionals and Instructors these are held to the					



standards of the Qualification body MIAS, Council for learning outside the class room)					
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