



Elmbridge School KS3 Physical Education curriculum

Long term plan 2021/22



Topic	Summative Assessment	Formative Assessment	Skills Focus	
<p>Program overview</p> <p>All topics will be delivered through <i>Refereeing</i>, <i>coaching</i> and <i>performance</i> pathways based around a reward system. This give all learners the opportunity to engage within the curriculum. The sport/ activity is dependent on the number of learners and the dynamics and engagement of the learners.</p> <p>Performance; Learners will acquire and develop skills and apply these in games situations.</p> <p>Coaching; Learners will develop understanding of sports/ activities giving confidence to lead others in a coaching role.</p> <p>Refereeing; Learners will develop understanding of rules and regulations so they can effectively and fairly officiate games/ activities.</p>				
Refereeing, coaching and performance	Badminton	Student skills checklist/ video evidence/ observation	<p>Refereeing</p> <ul style="list-style-type: none"> - -scoring - -applying rules - -decision making <p>Coaching</p> <ul style="list-style-type: none"> - Understanding of skills - Improving peer performance <p>Performance</p> <ul style="list-style-type: none"> - Acquiring and developing skills - Applying skills in game situations. 	<p>Learners will focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate badminton games.</p>
Refereeing, coaching and performance	Table Tennis	Student skills checklist/ video evidence/ observation	<p>Refereeing</p> <ul style="list-style-type: none"> - -scoring - -applying rules - -decision making <p>Coaching</p> <ul style="list-style-type: none"> - Understanding of skills - Improving peer performance <p>Performance</p> <ul style="list-style-type: none"> - Acquiring and developing skills - Applying skills in game situations. 	<p>Learners will focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate table tennis games.</p>



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Refereeing, coaching and performance	Volleyball	Student skills checklist/ video evidence/ observation	Refereeing <ul style="list-style-type: none">- -scoring- -applying rules- -decision making Coaching <ul style="list-style-type: none">- Understanding of skills- Improving peer performance Performance <ul style="list-style-type: none">- Acquiring and developing skills Applying skills in game situations.	Learners will focus on how to use basic principles of attack and defence to plan strategy and tactics for volleyball. They work on improving and developing techniques as well as implementing and refining strategic play to outwit opponents. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should begin to accurately score and officiate volleyball games.
Refereeing, coaching and performance	Basketball	Student skills checklist/ video evidence/ observation	Refereeing <ul style="list-style-type: none">- -scoring- -applying rules- -decision making Coaching <ul style="list-style-type: none">- Understanding of skills- Improving peer performance Performance <ul style="list-style-type: none">- Acquiring and developing skills Applying skills in game situations.	Learners will focus on how to use basic principles of attack and defence to plan strategy and tactics for basketball. They work on improving the quality of their skills using various techniques. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition
Refereeing, coaching and performance	Football	Student skills checklist/ video evidence/ observation	Refereeing <ul style="list-style-type: none">- -scoring- -applying rules- -decision making Coaching <ul style="list-style-type: none">- Understanding of skills- Improving peer performance Performance <ul style="list-style-type: none">- Acquiring and developing skills Applying skills in game situations.	Learners will focus on how to use basic principles of attack and defence to plan strategy and tactics for football. They work on improving the quality of their skills using various techniques. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition



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Refereeing, coaching and performance	Gymnastics Vaulting	Student skills checklist/ video evidence/ observation	Refereeing <ul style="list-style-type: none">- -scoring- -applying rules- -decision making Coaching <ul style="list-style-type: none">- Understanding of skills- Improving peer performance Performance <ul style="list-style-type: none">- Acquiring and developing skills Applying skills in game situations.	Learners will focus on the basic principles of vaulting- take off, flight and landing. These will be applied through differentiate vaults where learners will refine and adapt techniques. Pupils will be expected to coach improvements by observing peers. Pupils will be expected to learn and apply principals of safe practice for both self and others.