

**PSHE:**

PSHE lessons at Elbridge are devised to suit the needs of our pupils. The lessons have been tailored to cover relevant topics to equip pupils with the skills and knowledge they need to begin to understand risk and make the necessary safe and informed decisions to help keep themselves and others safe.

PSHE sessions are held in our dedicated Quiet Space. This nurturing environment encourages safe practice principals where every pupil feels valued and included. This safe learning setting helps pupils to feel comfortable with sharing their own values, opinions and ideas without fear of judgement.

Elbridge also incorporates sessions from professional agencies throughout the year to deliver expertise sessions in different topics. *Kooth*, *Branching Out* and *GM Fire and Rescue Service* have all been used recently to enhance the PSHE curriculum offer.

Course Overview	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>PSHE</b>	<p><b>Teen Talk:</b> These early sessions create a safe and secure learning environment, introducing pupils to the basics of PSHE. Throughout this term, pupils are given the space to discuss topics that are relevant</p>	<p><b>County Lines:</b> This topic helps pupils to recognise unsafe and coercive friendships. The impact of crime is explored, and pupils will be taught how to develop the ability to assess risk, recognise manipulation</p>	<p><b>Community Living:</b> This topic aims to equip pupils with the knowledge to live successfully in today's modern society. Economic and financial education will be taught</p>	<p><b>Cyber Bullying:</b> Pupils will be exploring the meaning and impact of cyberbullying and what they can do if they find themselves as a victim. The use of social media and the issues surrounding</p>	<p><b>Healthy Relationships:</b> Pupils will develop an understanding of what makes a respectful and healthy relationship. Pupils will be able to define different types of relationships and learn to</p>	<p><b>Prevent:</b> This topic will help to support pupils' understanding of factors that can lead to extremism. They will look at respecting people's right to different beliefs and recognise the diversity in</p>

	to themselves whilst setting the groundwork for future PSHE sessions for the rest of the academic year.	and look at exit strategies that could be effective in certain situations.	alongside employment opportunities. The pupils will also explore what makes a good citizen and how they can make a positive impact in their community.	different apps will also be looked at with a focus on embedding online safety for the whole school.	recognise factors that would make a relationship unhealthy.	society. Pupils will be made aware of how their language concerning extremism could be deemed as inaccurate or discriminatory.
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