

# Parent Peer Support Group

## What is the Parent Peer Support Group?

An informal space for parents & carers to share their experiences of supporting children with Emotional and Mental Health difficulties with like-minded people, alongside the support of our teams

## Our Teams are happy to offer one to one advice during the session .....

- Anthony Seddon
- Tameside Parenting Team
- Tameside's - Young People's Mental Health Support Team

**When:** Thursday 9<sup>th</sup> May 2024 **Time:** 9.30 – 11.30

**Where:** The Anthony Seddon Centre, George Street, Ashton-Under-Lyne

## Refreshments available

**When:** Second Thursday of the month 9:30-11:30am

**Either just turn up or for more information contact either:**

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